

# The Key to Treating Chronic Illness



## The Bicom treatment plan

Bicom (or Bioresonance) therapy is a holistic method to treat chronic diseases in pets. It is a very powerful tool to help the body eliminate 'toxins' or stressors. This process allows the body to return to its highest level of function. This handout explains the different levels of treatment that are necessary and what to expect during the course of your pet's Bicom therapy. Please refer to a separate handout for an explanation of Bioresonance therapy.

## What is a "chronic disease"?

Chronic diseases are defined as "conditions of slow progression and long continuance". The symptoms develop gradually and they tend to progressively worsen over time. Examples of chronic diseases include allergies, chronic (or recurrent) infections, autoimmune disorders, arthritis, inflammatory bowel disease, cancer, chronic liver, kidney or heart disease. The 'cause' of chronic disease is viewed differently in traditional medicine versus holistic medicine.

Traditional medicine: a symptom is often viewed as a single problem – an ear infection is caused by an ear problem, diarrhea is a problem with the digestive tract, itching is a problem of the skin. The medications are designed to reduce the symptoms (i.e. prednisone to stop itching). Medications can work very quickly to reduce or hide symptoms, but the underlying "cause" is often still present.

From a holistic viewpoint: symptoms are just that – symptoms that the body is having a problem. The goal is to determine the underlying cause of the symptom in order to remove it. Symptoms such as itching, an ear infection, and diarrhea might seem like three different problems on the surface, but they may actually be caused by a single underlying problem such as an allergy to wheat. Toxins and allergens are some of the primary causes of chronic disease. Therefore, Bicom therapy is aimed at finding and eliminating toxic stressors on the body. This allows the body to restore balance and health.

## Toxins accumulate until they cause symptoms

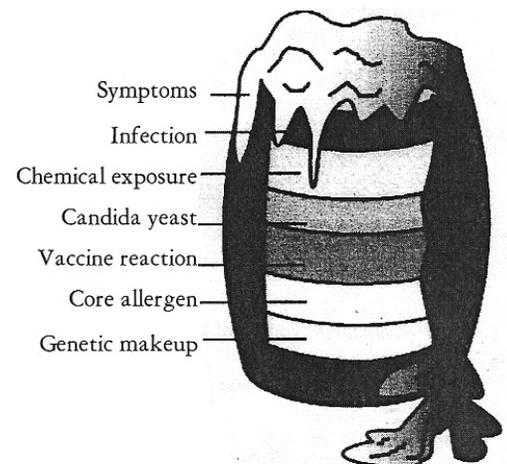
There are many sources of toxic stress in our environment. All of them have an influence on the immune system and on the body's response. Some environmental substances (or toxic stressors or strains) are capable of causing disease on their own (such as a potent virus or bacteria). Some toxins are removed readily from the body as long as the immune system and detoxifying organs are working properly. Other toxins put a 'stress' or 'strain' on the body that originally goes unnoticed. Over time, the body 'stores' the toxins it cannot eliminate. When enough of these stresses accumulate – the body becomes overloaded and disease develops.

The body is exposed to stressors day after day, month after month, year after year. The immune system is continually bombarded. If the body can no longer cope with the numerous stresses and strains on the body, symptoms will develop (refer to the picture below - the glass will overflow).

Strains are divided into external stress and internal stress.

External stress: External strains involve environmental or external substances. Examples include molds, fungi, bacteria, viruses, parasites, heavy metals, industrial & household chemicals, pesticides, food additives, pharmaceuticals, vaccines, electro radiation (electrical appliances, x-rays) etc.

Internal stress: Internal strains involve stress within the body. They include metabolic or hormonal imbalances, intestinal dysbiosis and genetic predispositions. Everyone is born with a specific genetic makeup that is the foundation their future health.



## Overview of external strains/toxins

### Mycosis (Yeast, Fungi)

Although not generally a cause of fatal disease, these organisms can be a major drain on the immune system. Examples include *Aspergillus*, Ringworm and *Candida* yeast. Some mycotic infections are also highly allergenic. They can affect the skin, the gi tract, respiratory tract and mucous membranes.

### Viruses & Bacteria

Not only do these organisms cause infection, they often produce toxic by-products that are difficult for the body to eliminate. They can affect any area of the body and are often in a subclinical chronic state.

### Parasites

External parasites include dust and grain mites, ticks and fleas. Internal parasites include worms. These organisms can be highly allergenic. They commonly cause intense itching or diarrhea.

### Electro radiation & indirect stress

Modern society is full of electrical appliances (cell phones, TV, computer, microwave, etc.) emitting constant low levels of radiation stress. The earth also has electro radiation (geopathic stress).

### Environmental contaminants / toxins

The list of environmental contaminants in our modern society is almost endless. The most common toxins include chemicals such as formaldehyde and PCB, heavy metals such as lead or mercury, pesticides and food additives. The list of possible symptoms is almost as endless...

### Pharmaceuticals / vaccines

Pharmaceuticals (antibiotics, anesthetics, cortisone) & vaccines have an important purpose. Unfortunately, the body sometimes has a reaction to these products which can create a stress.

## Toxin elimination in the body

Our body is naturally designed to identify and remove toxic wastes (when it is functioning normally). The liver detoxifies the blood. The kidneys filter out liquid by-products producing urine. The intestines absorb nutrients and then dispose of the 'leftovers' as stool. The skin is a large detoxifying 'organ' – because it covers our entire body – waste is eliminated in sweat and through the skin. The lungs expel carbon dioxide and waste products when exhaling.

When the toxic load increases, the body continues to attempt to dispel the stresses and will produce "symptoms" indicating that the body is trying (although not always successfully) to remove toxins. If a certain body system is trying to expel a toxin, it may produce a "symptom" as listed below:

<u>Body System</u>	<u>Symptoms</u>	<u>Body System</u>	<u>Symptoms</u>
Skin	skin lesions or hair loss	Intestinal tract	vomiting or diarrhea
Eyes or Nose	discharge or drainage	Kidney	increased thirst & urination
Respiratory tract	coughing or sneezing	Ears	discharge or drainage

## Testing stressors with Bicom

An advantage of Bicom electromagnetic therapy is that stressors can be identified at a very low or subtle level. This level of testing and treating environmental stressors is much more sensitive than the level of toxin necessary to be identified in a traditional blood test. Also, strains in different tissues of the body (other than the blood) can be identified. The environmental removal of specific toxins is always recommended if a specific source of the toxin can be identified and eliminated.

In order to restore balance to the body, one must remove each layer of stress or strain one at a time. The body needs time to assimilate and adapt to the information/treatment. It took time for the disease to develop, and it takes time to eliminate it.

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## **The Foundation Levels of Therapy**

There are 5 levels of Bicom treatment for chronic diseases. How long it takes to move through each level is dependent on the number of stressors, the length of time the body has been in dysfunction, other underlying disease processes, age and health status.

### **Level I – Balancing (1-3 treatments)**

This first level is a very important stage to prepare the body for detoxification. It ranges from 1 to 3 treatments depending on the patient's general health status. Treatments are aimed at balancing the body and supporting organs and body systems. Treatment sessions are recommended every 1-2 weeks. Some pets also need emotional support / balancing. Flower essence drops may be prescribed.

### **Level II – Detoxification (2-8 treatments)**

These treatments are aimed at removing the external strains on the immune system. A patient may have only 1 type of stress or may have 4 or 6 separate categories of strain affecting the body. Each category of stress must be addressed separately. Removing one strain will sometimes allow other strains to dissipate. A mild stressor may be removed in one treatment. Some deeply embedded strains can take 3-4 treatments and/or a readjustment of the environment to resolve them.

Some or all symptoms may resolve during or by the end of this Level II of therapy. It is important to continue therapy through the remaining levels in order to restore balance and keep long lasting improvement. The treatment interval varies with the individual treatment protocol, but generally ranges between every 1 to 4 weeks. This level has the widest variation for the number of treatments required because it will depend on the number and type of stressors involved.

### **Level III – Central Allergen treatment (0-6 treatments)**

This level is aimed at clearing the core allergens that disrupted the immune system originally and allowed chronic disease to set in. The most common 'core' allergens are wheat, dairy products and eggs. These allergens usually have a genetic predisposition and may or may not cause overt clinical symptoms. It is crucial to treat central allergens regardless of whether there are symptoms or not. Treatments should be done every 1-2 weeks until allergens are cleared.

Some patients do not have a central allergen. "Allergy" symptoms may have been related to the toxins/stressors treated in Level II. In these patients, Level III therapy is not applicable.

### **Level IV – Support (2-4 treatments)**

This level focuses on working with internal stressors and making sure the toxins/allergens are completely resolved. Treatments are generally once a month for two to four treatments.

### **Level V – Wellness**

This level involves preventative or wellness. This is recommended to keep the body functioning at its fullest capacity. The body will continue to be exposed to hundreds of daily stressors. It is important to help the immune system continue to adapt and to address these strains before they build up and create deeper problems. Treatments are generally once every 3-6 months.

## **What to expect during therapy?**

Some pets have a steady decrease in symptoms with each treatment. Other pets may not show much change until the core allergen is finally addressed. The course of therapy varies with the patient.

One of the first noticeable changes in a patient is a difference in attitude or energy level. The pet may look brighter, feel better or act happier. A gradual disappearance in the symptoms is typical.

The symptoms that take the longest to see an improvement are skin lesions and those symptoms that have been present for the longest period of time.

### **Treatment for ‘acute’ problems**

The majority of this handout is directed at chronic disease; however, Bicom therapy can be very effective for acute conditions as well. Bicom treatments support the body to heal faster and avoid the stresses that can turn an acute problem into a chronic one. Acute conditions can be treated two to three times a week (if needed) and do not require the five levels of treatment as described for chronic conditions. Examples of acute problems that respond well to Bicom therapy:

- Sports injuries – muscle, tendon, ligament injury, acute pain
- Acute infections – bacterial, viral or fungal
- Wound healing – post-surgical support, cuts, wounds or burns
- Acute allergies – reactions to pollens in the air, vaccine reactions, hives, etc.

### **Bicom tumor therapy**

Tumors often develop as a result of overwhelming strains on cells and the overall immune system. Once a tumor is physically removed from the body, it is important to treat tumor cell memory first, however the treatments must also go even deeper to remove the stressors that allowed the tumor to surface originally, or the tumor may return. Bicom therapy for tumors can take many treatment sessions. It does not interfere with traditional cancer treatment and can be very supportive for associated symptoms and/or side effects of traditional treatments.

### **Preventative therapy**

Bicom therapy is a truly holistic method of preventative medicine. It can be used to balance the body and check for stressors that are not causing symptoms. This approach can help keep your pet balanced and healthy for a lifetime.

Additional common uses for Bicom therapy include 1) pre-operatively 2) treatment to avoid a vaccination reaction, and 3) testing the body for appropriate medications or supplements.

### **Limitations of Bioresonance therapy**

Nearly every illness is connected with disharmonious energy patterns. This is why Bioresonance therapy can be used advantageously in nearly every illness and there are practically no contraindications. It is a treatment with a very broad spectrum, but does have a few limitations:

1. Diseases in a final stage - if the body is in “end-stage” disease, then “healing” is no longer possible. Too much dysfunction has accumulated. The goal with Bicom treatments is to support the body and to increase the quality of life.
2. Overwhelming environmental stresses - if a stressor cannot be removed from the pet’s environment (geopathy, chemicals in the house, etc.) therapy will not be complete.
3. Depriving the body of important nutrients, vitamins or minerals. A high quality food and appropriate supplements are necessary for the body to heal. Nutrition will be discussed on an individual basis. Various supplements may also be prescribed to help support the healing process.
4. Mechanical lesions cannot be detected with the Bicom. Examples include bladder stones, aneurisms, intestinal foreign bodies, etc.
5. Metabolic conditions can be supported but not reversed – thyroid problems etc.
6. Therapy for genetic conditions and autoimmune problems are limited.

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